



What is Diwali and why is it celebrated Diwali is also known as the festival of lights. In the very old Indian language sanskrit, Diwali (or Deepavali) means rows of lamps. People light lamps at Diwali to show that light is more powerful than darkness and that good is more powerful than evil. Diwali is also celebrates new beginnings.

who created Diwali **Diwali is so widely celebrated—it's an important** religious festival for Hindus, but is also observed among Jains, Sikhs, and Buddhists-that it has no single origin story. But while each religion has its own historical narrative behind the holiday, they all ultimately represent the victory of good over evil.

When is it celebrated

Diwali is celebrated normally in late October and early November Hindu lunar

calendar.

Why is Diwali celebrated The tradition has continued to date and is celebrated as the Festival of Lights. Diwali signifies the victory of light over darkness, go<mark>od</mark> over evil and knowledge over ignorance. It marks the eradication of dark shadows, negativity and doubts from our lives.

How to celebrate Diwali

"Deepavali" means "a row of lights." Over the five days of Diwali, celebrants also feast, share sweets, worship and spend time with loved ones. Some decorate their homes with rangoli, a traditional art form where vibrant patterns are created on the floor with colored rice or

sand.

What is the traditional food they eat

Lapsi Halwa. This sweet dish is often eaten on the very first day of Diwali and is made from large-grain cracked wheat, which is then cooked with ghee and sweetened with sugar and cardamom powder. It's incredibly popular and is often served with a yardlong bean curry, as the beans are thought to represent longevity.

What are some of the lights they use Diwali lighting is often in the form of earthen lamps, candles, and, more recently, modern lights, including LED string lights, rice lights, and fairy lights, often in warm white or a kaleidoscope of colour. The Diwali festival is celebrated each year around October or November

what are some of the dances they do

The most spiritual dance from ancient India, Odissi, is one of the eight Indian Classical Dance forms (Bharatanatyam, Kathak, Kuchipudi, Odissi, Kathakali, Sattriya, Manipuri and Mohiniyattam). Odissi dates back to and century BCE, detailed in the 'Natya Shastra', a treatise on performance arts.

what is the colour run

There is Diwali Festival, Ganesha Festival, but most famous and intensive celebrated is the "Holi Festival Of Colours India." The Holi Festival of Colours India brings people of all classes, castes, and religions together. Coloured powder has a leading role in all this.